

## Introduction to Pastoral Care and Counseling

Course Code: PT518 ENG  
Course Instructor: Lee Eclov

	VIDEO	READING ASSIGNMENT Pastoral Graces: Reflections on the Care of Souls by Lee Eclov Pastoral Service Manual by Lee Eclov	ESSAYS	QUESTIONS FOR DISCUSSION
1	Lecture 1. The Harassed and Helpless Around You Lecture 2. Start by listening Lecture 3. The place of Scripture Lecture 4. Six basic dynamics of pastoral counseling	Chapter 1. Uncalled, Then the Hand in My Back Chapter 2. Authority, Wisdom, and Grace. Especially Grace		When Christian counselors are asked to give the Scriptures more attention, they might respond that the Bible was never intended by God to serve as a textbook for counselors. Do you think that Counseling is Theology+Psychology?
2	Lecture 5. What makes a good counselor? Lecture 6. Biblical Theology for Counseling Lecture 7. The Care & Cure of Souls	Chapter 3. Public Grace Chapter 4. Public Grace Refreshed		Can a good preaching and serious Bible study solve personal real-life problems without the intervention of Christian counselors? What is the role of a counselor? How is it different from the role of a pastor-teacher or a psychotherapist?
3	Lecture 8. Integration issues in Christian counseling	Chapter 5. Portable Grace		Jay Adams rightly recognizes the importance of “admonishing” people in counseling. Counselors like Jay Adams often refer to Colossians 1:28 as the key passage in Scripture. Do you think that there is more to counseling than simply “admonishing”? What else is necessary?
4	Lecture 9. Sin Lecture 10. Building with Broken People	Chapter 6. Decorating with Grace Chapter 7. Building with Broken People	Essay # 1 Prerequisites for effective counseling	
5	Lecture 11. The Pastor’s Tools: Authority, Wisdom & Grace Lecture 12. Key Transformative Biblical Principles Lecture 13. Listening Lecture 14. Prayer in Counseling	Chapter 8. March into the Smoke	Essay # 2 How should prayer be used in pastoral care and counseling?	
6	Lecture 15. Cognitive Behavioral Therapy Lecture 16. Connecting, by Larry Crabb Lecture 17. Recapping and strengthening what we’ve learned Lecture 18. The Continuum of Care	Chapter 9. “I’d Have Waited All Night”		In his book Connecting Larry Crabb points out that we must mortify the flesh and vivify the Spirit in order to connect with other people. What does it mean and how can it be done? Share your own ideas and experience.
7	Lecture 19. Boundaries in Pastoral Counseling Lecture 20. Wiseman, Pastor, Prophet, Priest: Tailoring Your Counseling Style	Chapter 10. “Lead Me Gently Home” Chapter 11. “Safe thus Far”		What are the dangers of counselor - counselee relationship? Share 5-7 principles or guidelines for a pastoral counselor to follow in order to avoid the dangers and develop spiritual protection.

	Lecture 21. The Power of Blessing Lecture 22. Christians facing suffering			
8	Lecture 23. Depression Lecture 24. Grief Lecture 25. Healing Lecture 26. Spiritual Warfare in Counseling	Pastoral Service Manual Part I: Congregational Worship Services		Depression is often called the “common cold” of mental health. Imagine that your counselee has spiritual causes for depression. He/she is spiritually down and wants to get out of the pit of despair. What steps would you recommend to take in order to do that?
9	Lecture 27. General work of pastoring	Pastoral Service Manual Part IV: Special Services for the Family		Share some of your favourite ‘teachable moments’ or ‘pastoral moments’ connected with baptisms, weddings, funerals or any other types of church services. What insights about life did that particular event or experience offer you?
10	Exam	Personal response on textbooks	The end of the course paper “The essential counseling skills of the effective counselor”	